



## Session 3 | Subtypes, Gender, and Ethnicity: Do They Impact HIV Care

### HIV Gender & Ethnicity - Implications for Toxicity and Altered Pharmacology



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United Kingdom

# HIV Gender & Ethnicity:

## *Implications for Toxicity & Altered Pharmacology*



**David Back**

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# Disclosures

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- Honoraria received for advisory boards and lectures from AbbVie, BMS, Gilead Sciences, Merck, ViiV Healthcare.
- Educational grants for [www.hiv-druginteractions.org](http://www.hiv-druginteractions.org), [www.hep-druginteractions.org](http://www.hep-druginteractions.org), [www.cancer-druginteractions.org](http://www.cancer-druginteractions.org) and [www.covid19-druginteractions.org](http://www.covid19-druginteractions.org) from AbbVie, BMS, Gilead Sciences, Janssen, Merck, ViiV Healthcare, Astellas, AstraZeneca, Boehringer Ingelheim, BMS, Ipsen, Janssen, Pfizer, Roche, Sanofi, Sobi.

# Overview

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**1**

Antiretroviral Therapy: Where are we?

**2**

Antiretroviral Therapy & Gender:  
PK differences?

**3**

Antiretroviral Therapy & Gender:  
DDI Issues.

# Overview

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**1**

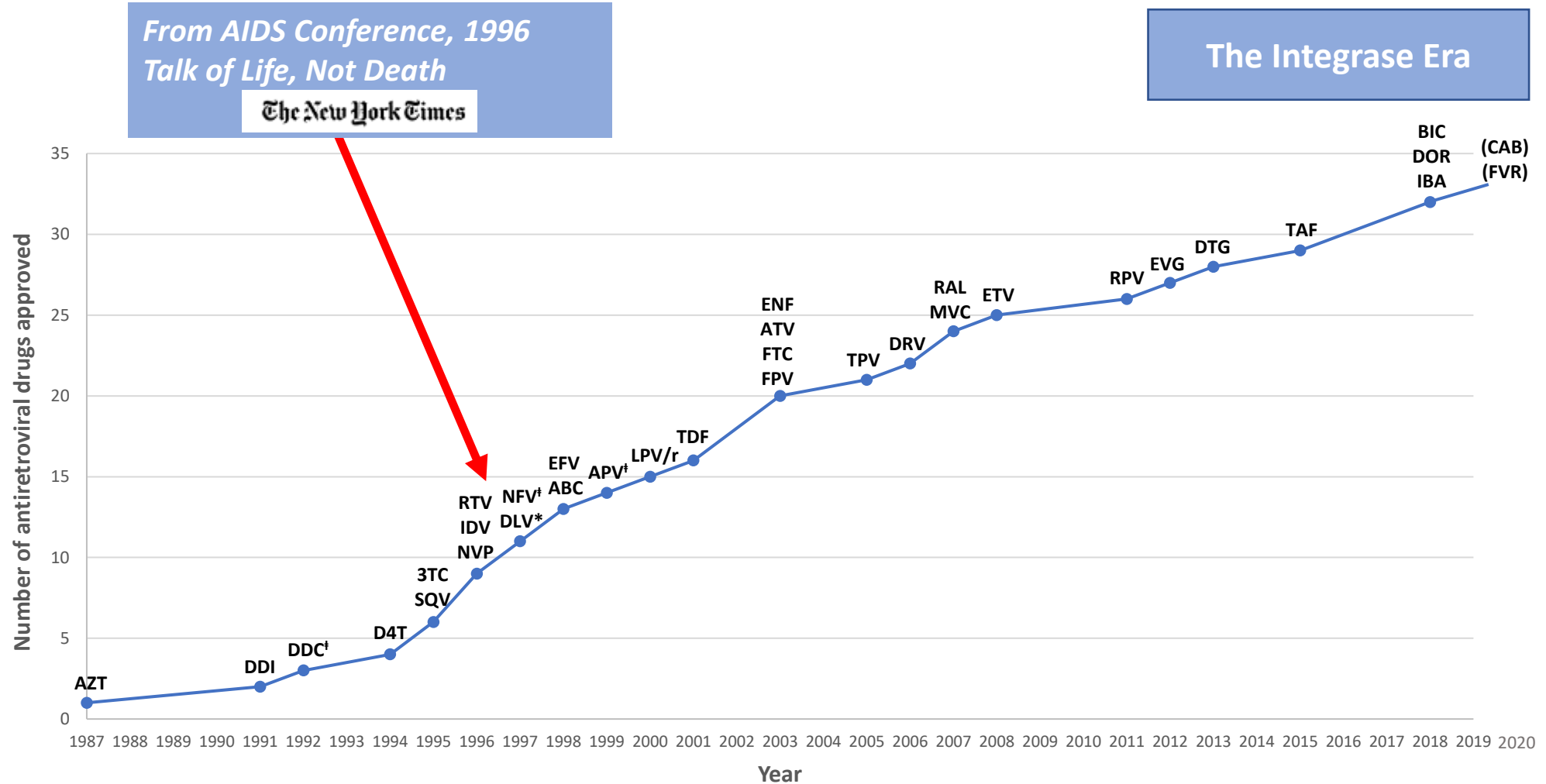
Antiretroviral Therapy: Where are we?

**2**

**3**

# Antiretroviral Drug Approval 1987 - 2020

AZT; Azidothymidine (zidovudine)  
 DDI; Dideoxyinosine  
 DDC; Dideoxycytidine<sup>†</sup>  
 D4T; Stavudine  
 3TC; Lamivudine  
 SQV; Saquinavir  
 RTV; Ritonavir  
 IDV; Indinavir  
 NVP; Nevirapine  
 NFV; Nelfinavir<sup>†</sup>  
 DLV; Delavirdine\*  
 EFV; Efavirenz  
 ABC; Abacavir  
 APV; Amprenavir<sup>†</sup>  
 LPV/r; Lopinavir/ritonavir  
 TDF; Tenofovir disoproxil fumarate  
 ENF; Enfuvirtide  
 ATV; Atazanavir  
 FTC; Emtricitabine  
 FPV; Fosamprenavir  
 TPV; Tipranavir  
 DRV; Darunavir  
 RAL; Raltegravir  
 MVC; Maraviroc  
 ETV; Etravirine  
 RPV; Rilpivirine  
 EVG; Elvitegravir  
 DTG; Dolutegravir  
 TAF; Tenofovir alafenamide  
 BIC; Bictegravir  
 DOR; Doravirine  
 IBA; Ibalizumab  
 CAB; Cabotegravir  
 FVR; Fostemsavir



Based on US approval dates.

\*Not licensed in the EU; <sup>†</sup>No longer available in the EU.

Adapted from: DHHS. FDA Approval of HIV Medicines. Available at:

[https://files.aidsinfo.nih.gov/images/infographics/FDAMedTimeline\\_FB%20\(1\).jpg](https://files.aidsinfo.nih.gov/images/infographics/FDAMedTimeline_FB%20(1).jpg) [Accessed August 2020].

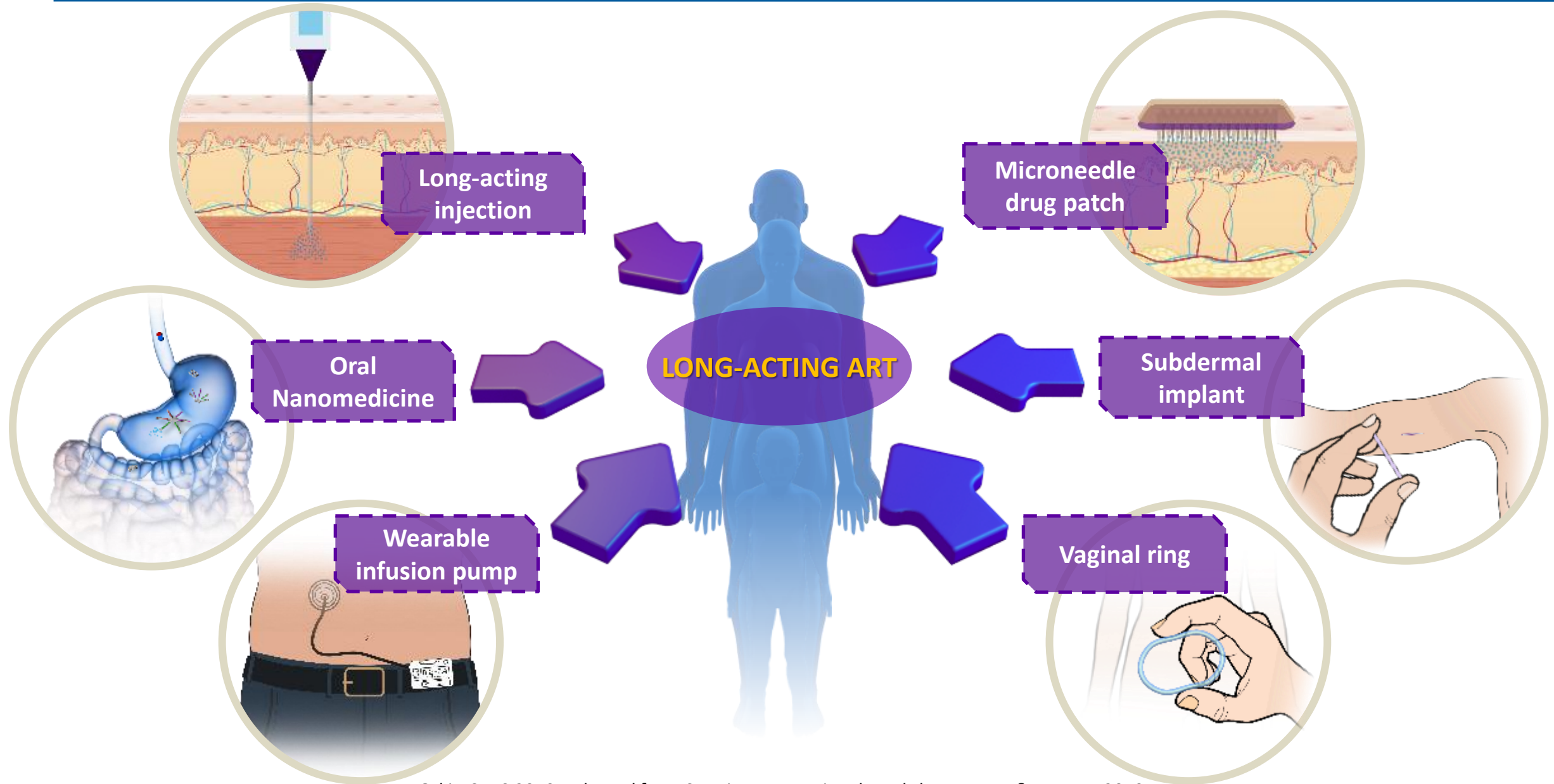
# Strategies to Reduce the Drug Burden

- ✓ Reduce # of doses a day
- ✓ Reduce # of pills
- ✓ Reduce the # of drugs
- ✓ Reduce the drug dosage
- ✓ Reduce the # of days on ART
- ✓ Increase the dosing interval



← Long Acting

# Long Acting Technologies for Drug Delivery





# Overview

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**1**

Antiretroviral Therapy: Where are we?

**2**

Antiretroviral Therapy & Gender:  
PK Differences?

**3**

## 2 Key Questions

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1. What do we know?

2. What do we need to know?

# Women and Girls and HIV



Source: UNAID Report 2018: Women and girls and HIV  
[https://www.unaids.org/sites/default/files/media\\_asset/women\\_girls\\_hiv\\_en.pdf](https://www.unaids.org/sites/default/files/media_asset/women_girls_hiv_en.pdf)

Global Demographics of PLWH

	Female (%)	Male (%)
White	3	6
Black	42	30
Other	7	12
<b>Total</b>	<b>52</b>	<b>48</b>

# Women and Girls in ARV Therapy Clinical Trials

ORIGINAL RESEARCH

*Journal of Virus Eradication* 2020; 6: 70–73

## Phase 3 trials of new antiretrovirals are not representative of the global HIV epidemic

Toby Pepperrell<sup>1</sup>, Andrew Hill<sup>2\*</sup>, Michelle Moorhouse<sup>3</sup>, Polly Clayden<sup>4</sup>, Kaitlyn McCann<sup>5</sup>, Simiso Sokhela<sup>3</sup>,  
Celicia Serenata<sup>6</sup>, Willem Daniel Francois Venter<sup>3</sup>

<sup>1</sup> Faculty of Medicine, Imperial College London, UK

<sup>2</sup> Department of Translational Medicine, Liverpool University, Pharmacology, Liverpool, UK

<sup>3</sup> Ezintsha, Wits Reproductive Health and HIV Institute, Faculty of Health Sciences, University of the Witwatersrand, Johannesburg, South Africa

<sup>4</sup> HIV iBase, London, UK

<sup>5</sup> Imperial College London, UK

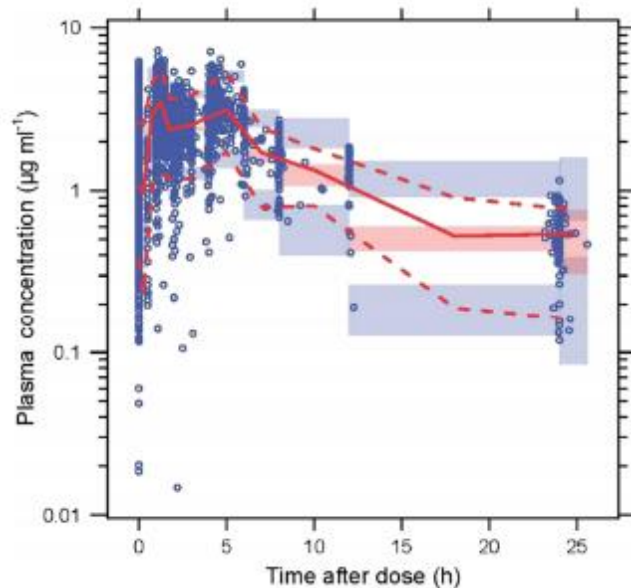
<sup>6</sup> Wits Reproductive Health and HIV Institute, Faculty of Health Sciences, University of the Witwatersrand, Johannesburg, South Africa

	DTG Trials (n = 7667)		BIC Trials (n = 2248)		TAF Trials (n = 7750)	
	F (%)	M (%)	F (%)	M (%)	F (%)	M (%)
White	14	53	14	45	16	49
Black	7	15	11	21	7	17
Other	3	8	5	4	4	7
Total	24	76	30	70	27	73

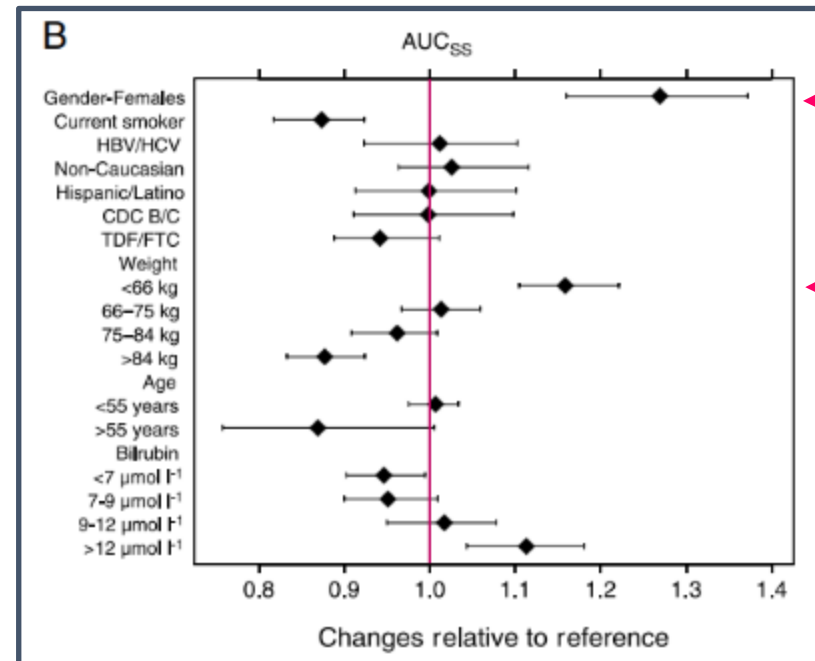
# Gender Effect on Pharmacokinetics of Dolutegravir

## Population pharmacokinetics of dolutegravir in HIV-infected treatment-naïve patients

Jianping Zhang,<sup>1</sup> Siobhán Hayes,<sup>2</sup> Brian M. Sadler,<sup>2</sup> Ilisse Minto,<sup>3</sup> Julie Brandt,<sup>3</sup> Steve Piscitelli,<sup>1</sup> Sherene Min<sup>3</sup> & Ivy H. Song<sup>1</sup>



□ Pop PK analysis of plasma concentrations (n = 3357) of DTG from 563 HIV+ treatment naïve patients (475 M; 82 F; 15% F) in Phase 2/3 Clinical trials.



No DTG dose adjustment by these intrinsic factors is necessary.

# Gender Effect on Pharmacokinetics of Dolutegravir

The appropriate dose for any population is determined from clinical pharmacology (PK, exposure-response and exposure-safety relationships) + Phase 2 & 3 Efficacy and Safety studies.

No dose adjustment of Dolutegravir for Women - includes women on contraceptives and during the 2<sup>nd</sup> and 3<sup>rd</sup> trimester of pregnancy.

**Higher rates of neuropsychiatric adverse events leading to dolutegravir discontinuation in women and older patients**

C Hoffmann,<sup>1,2</sup> T Welz,<sup>3</sup> M Sabranski,<sup>1</sup> M Kolb,<sup>3,4</sup> E Wolf,<sup>5</sup> H-J Stellbrink<sup>1</sup> and C Wyen<sup>3,4</sup>





<sup>1</sup>ICH Study Center Hamburg, Hamburg, Germany, <sup>2</sup>Department of Medicine II, University of Schleswig-Holstein, Kiel, Germany, <sup>3</sup>Praxis am Ebertplatz, Cologne, Germany, <sup>4</sup>Department I of Internal Medicine, University Hospital Cologne, Cologne, Germany and <sup>5</sup>MUC Research GmbH, Munich, Germany

- PK related?
- Much higher rates than in pivotal trials

# Gender Effect on Pharmacokinetics of Darunavir/cobi

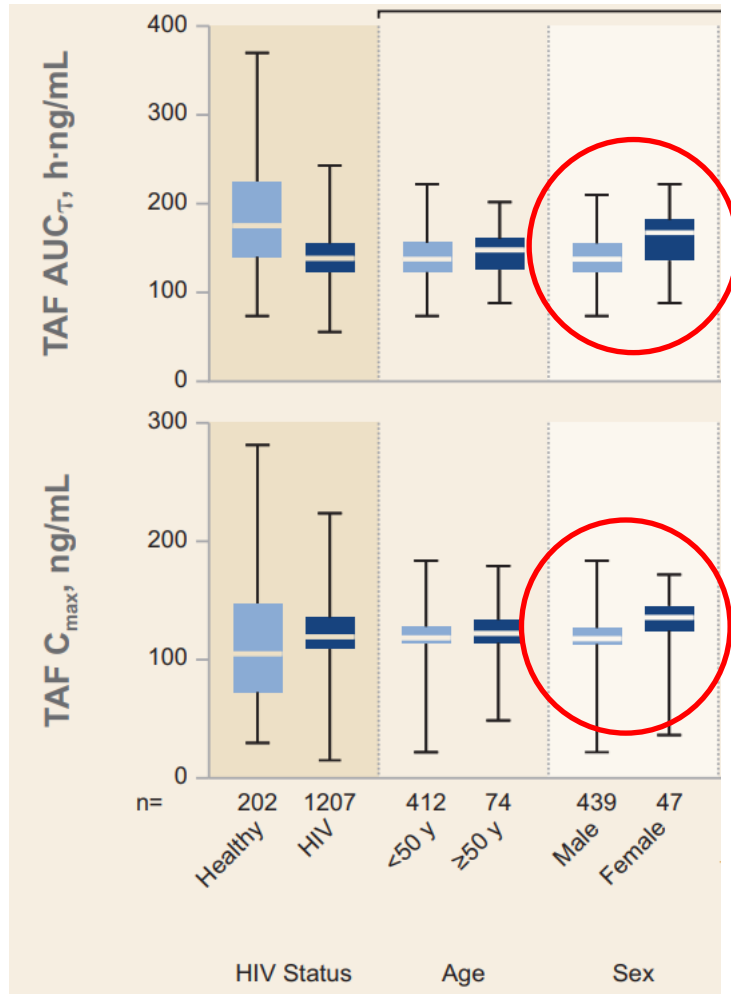
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## Exploration of Reduced Doses and Short-Cycle Therapy for Darunavir/ Cobicistat in Patients with HIV Using Population Pharmacokinetic Modeling and Simulations

Gabriel Stillemans<sup>1,2,5</sup>  · Leila Belkhir<sup>2,3</sup>  · Bernard Vandercam<sup>3</sup> · Anne Vincent<sup>3</sup> · Vincent Haufroid<sup>2,4</sup>  ·  
Laure Elens<sup>1,2</sup> 

- ❑ A total of 309 sparse samples and 96 rich samples for serum concentrations of DRV from 127 PLWH (85 M; 42 F) were included in the PopPK study.
- ❑ Gender was found to be a significant covariate for CL/F (21% decrease in CL in Females) when introduced in a univariate manner in the basic model.
- ❑ The BW difference between men and women not discussed!

# Gender Effect on Pharmacokinetics of Tenofovir Alafenamide (TAF)

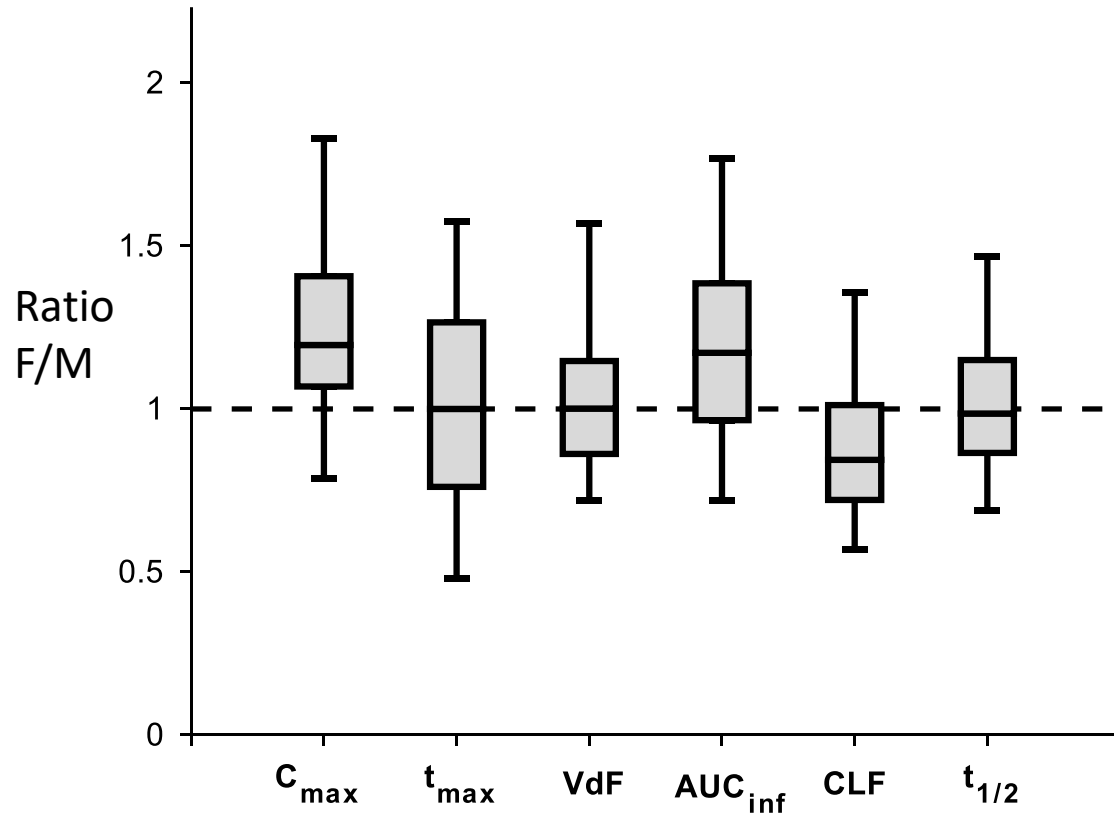


Mean TAF exposures in males (n=439) and females (n=47) differed by 12–15%



# Gender Effect on Pharmacokinetics of Oral and iv Drugs

Meta analysis of existing studies (n = 64) comparing gender PK

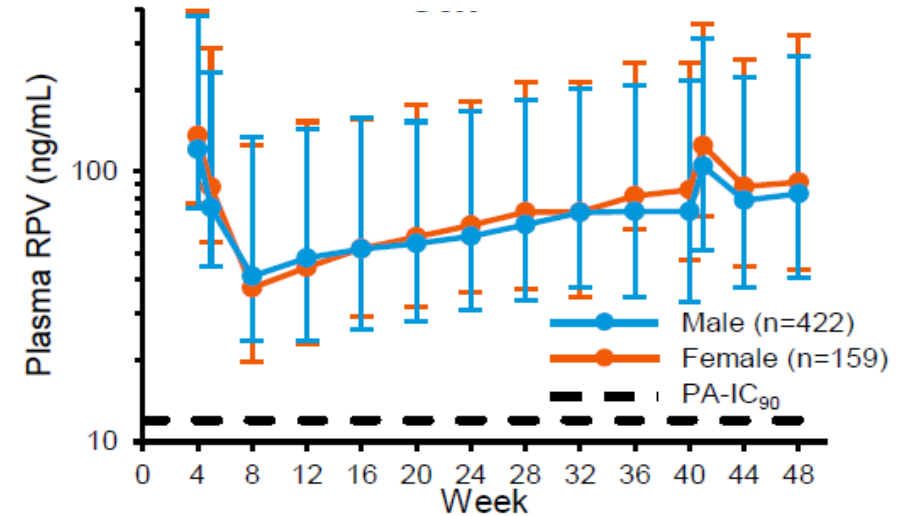
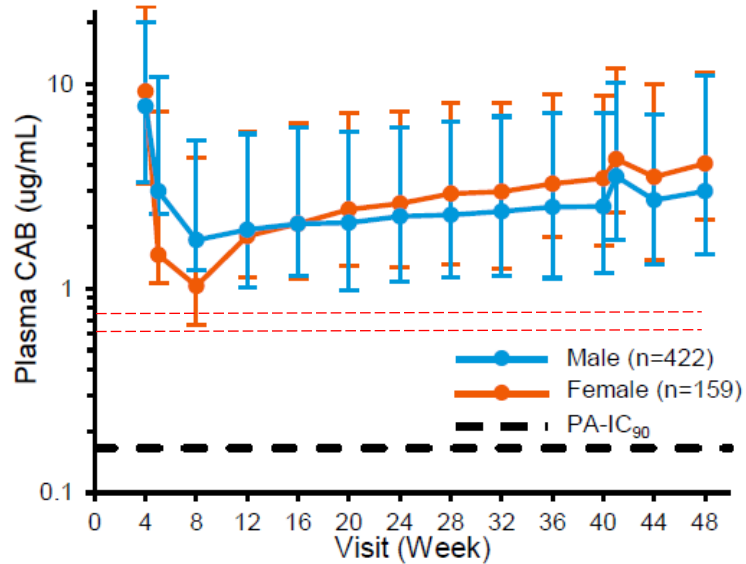


Parameter	Difference F/M
$C_{max}$	↑ 20%
$t_{max}$	0%
$AUC_{inf}$	↑ 17%
CLF	↓ 11%
VdF	0%
$t_{1/2}$	-1%

Explained by differences in body weight and metabolism (reduced first pass effect and hepatic metabolism).  
However – within Bioequivalence

# Cabotegravir and Rilpivirine Plasma Levels in Female vs Male

Median (5<sup>th</sup> and 95<sup>th</sup> percentile) plasma CAB and RPV trough levels over time – data from the ATLAS and FLAIR Trials



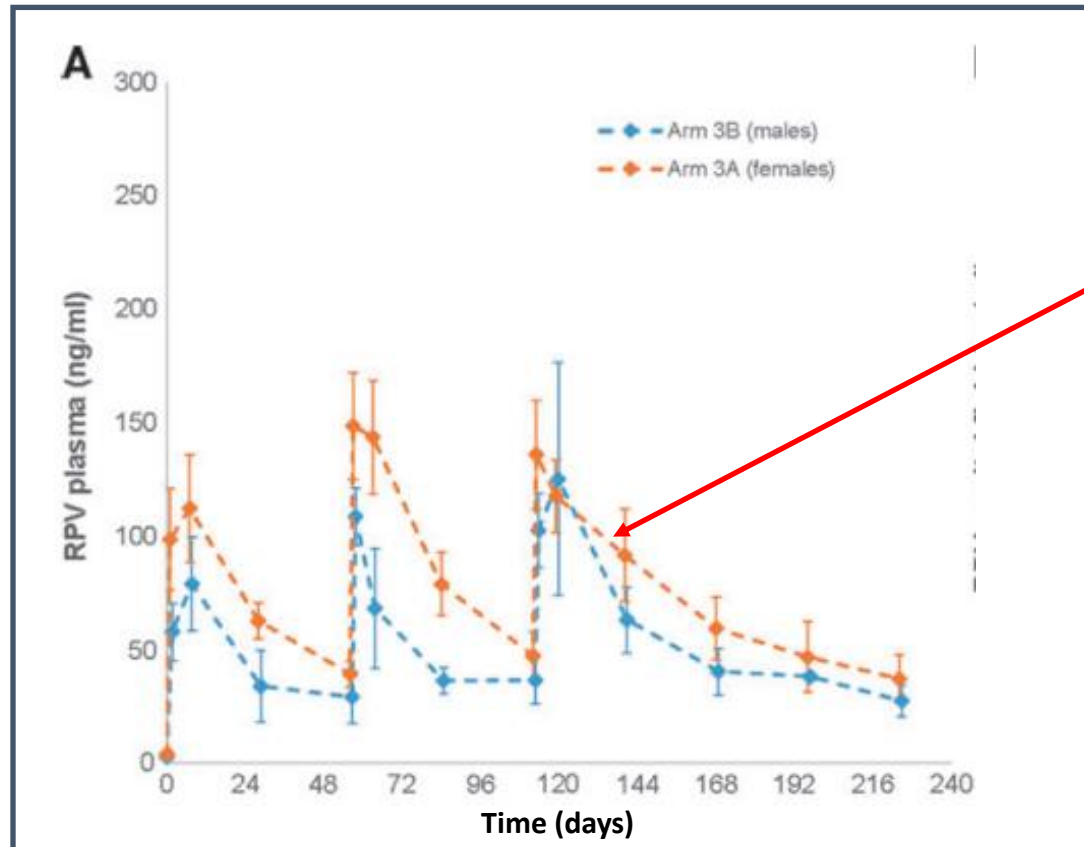
4 weeks following the first injection, median cabotegravir levels were 40% lower in female vs male

- In a low dose rectal challenge model, plasma CAB concentrations > 3x PA-IC<sub>90</sub> provided 100% protective efficacy, 1-3 x PA-IC<sub>90</sub> provided 97% protective efficacy
- In a vaginal challenge model, plasma CAB concentrations > 4x PA-IC<sub>90</sub> provided 87% protective efficacy

# Gender Effect on Pharmacokinetics of LA Rilpivirine

## A Multiple Dose Phase 1 Assessment of Rilpivirine Long Acting in a Model of Preexposure Prophylaxis Against HIV

Ross D. Cranston,<sup>1</sup> Charlene S. Dezzutti,<sup>1,2,\*</sup> Aaron Siegel,<sup>2</sup> Jarret Engstrom,<sup>2</sup> Cory Shetler,<sup>2</sup> Nicola Richardson-Harman,<sup>3</sup> Kaleab Z. Abebe,<sup>1</sup> David Back,<sup>4</sup> Laura Else,<sup>4</sup> Deidre Egan,<sup>4</sup> Saye Khoo,<sup>4</sup> James E. Egan,<sup>5</sup> Ronald Stall,<sup>5</sup> Peter Williams,<sup>6</sup> Rhonda M. Brand,<sup>1</sup> Urvi M. Parikh,<sup>1</sup> and Ian McGowan<sup>7,8</sup>



Cumulative RPV exposure in Females (n=8) higher than Males (n=4; p = 0.042)

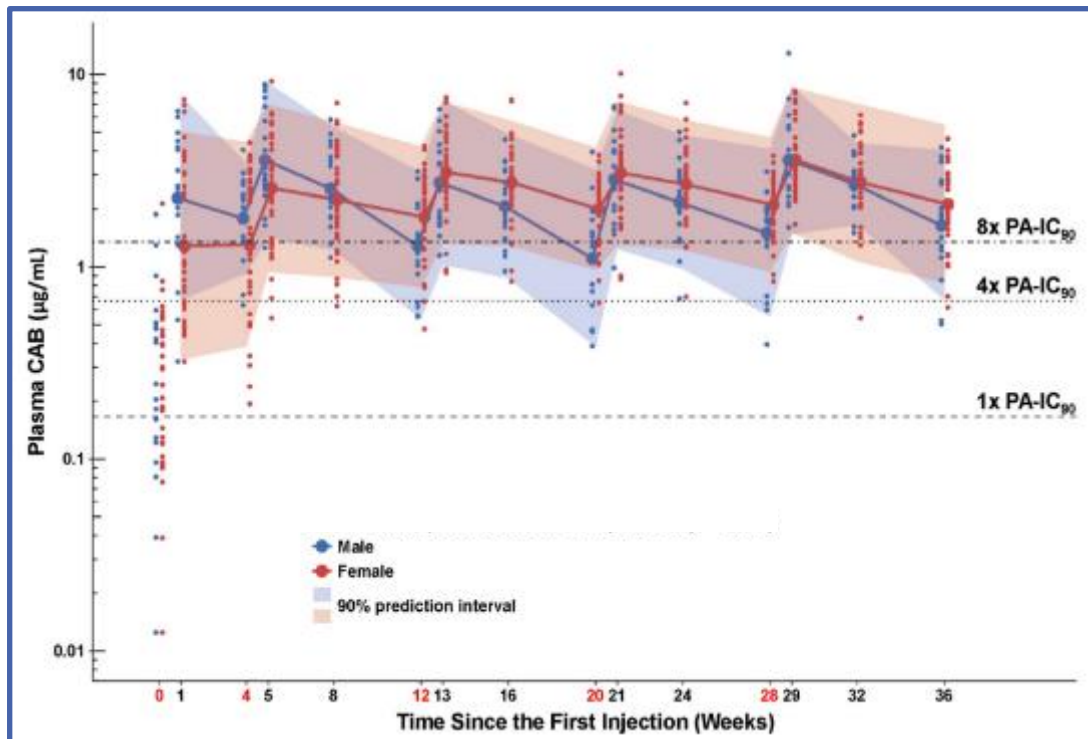
*But*

- i) Small numbers*
- ii) Another study did not show this difference (Jackson A et al CPT 2014; 96: 314-323).*

# Gender Effect on Pharmacokinetics of LA Cabotegravir

Safety, tolerability, and pharmacokinetics of long-acting injectable cabotegravir in low-risk HIV-uninfected individuals: HPTN 077, a phase 2a randomized controlled trial

Raphael J. Landovitz<sup>1\*</sup>, Sue Li<sup>2</sup>, Beatriz Grinsztejn<sup>3</sup>, Halima Dawood<sup>4</sup>, Albert Y. Liu<sup>5</sup>, Manya Magnus<sup>6</sup>, Mina C. Hosseinipour<sup>7</sup>, Ravindre Panchia<sup>8</sup>, Leslie Cottle<sup>2</sup>, Gordon Chau<sup>2</sup>, Paul Richardson<sup>9</sup>, Mark A. Marzinke<sup>9</sup>, Craig W. Hendrix<sup>9</sup>, Susan H. Eshleman<sup>9</sup>, Yinfeng Zhang<sup>9</sup>, Elizabeth Tolley<sup>10</sup>, Jeremy Sugarman<sup>9,11</sup>, Ryan Kofron<sup>1</sup>, Adeola Adeyeye<sup>12</sup>, David Burns<sup>12</sup>, Alex R. Rinehart<sup>13</sup>, David Margolis<sup>13</sup>, William R. Spreen<sup>13</sup>, Myron S. Cohen<sup>14</sup>, Marybeth McCauley<sup>10</sup>, Joseph J. Eron<sup>14</sup>

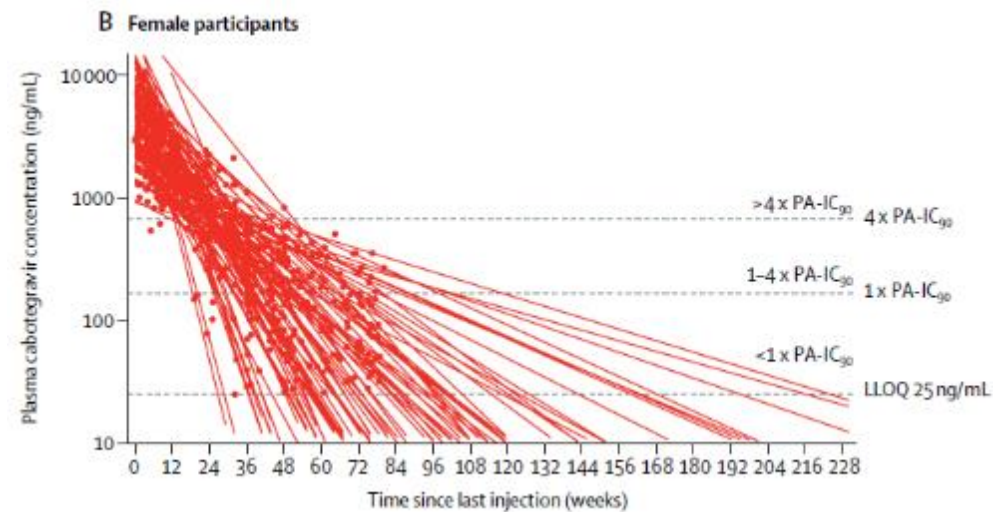
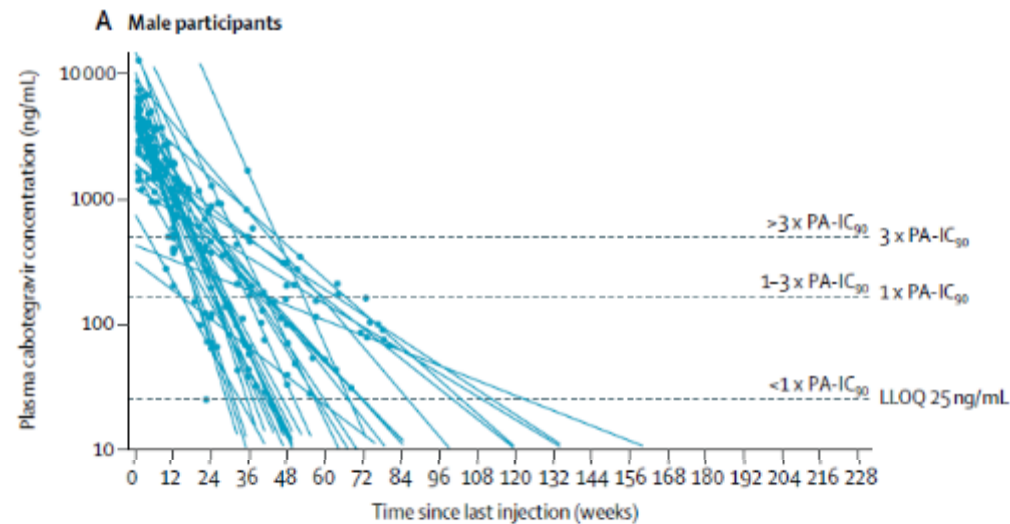


Parameter	Female (n=39)	Male (n= 20)	p value
Injection 2			
$C_{max}$ (µg/ml)	2.96	3.90	0.07
$C_{tau}$ (µg/ml)	1.82	1.29	0.05
Injection 3			
$C_{max}$ (µg/ml)	3.46	2.96	0.325
$C_{tau}$ (µg/ml)	2.04	1.11	<0.001

# Gender Effect on Pharmacokinetics of LA Cabotegravir Tail

## Tail-phase safety, tolerability, and pharmacokinetics of long-acting injectable cabotegravir in HIV-uninfected adults: a secondary analysis of the HPTN 077 trial

Raphael J Landovitz, Sue Li, Joseph J Eron Jr, Beatriz Grinsztejn, Halima Dawood, Albert Y Liu, Manya Magnus, Mina C Hosseinipour, Ravindre Panchia, Leslie Cottle, Gordon Chau, Paul Richardson, Mark A Marzinke, Susan H Eshleman, Ryan Kofron, Adeola Adeyeye, David Burns, Alex R Rinehart, David Margolis, Myron S Cohen, Marybeth McCauley, Craig W Hendrix



# CAB PK Tail: Women Have Detectable Levels Longer Than Men

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## Tail-phase safety, tolerability, and pharmacokinetics of long-acting injectable cabotegravir in HIV-uninfected adults: a secondary analysis of the HPTN 077 trial

*Raphael J Landovitz, Sue Li, Joseph J Eron Jr, Beatriz Grinsztejn, Halima Dawood, Albert Y Liu, Manya Magnus, Mina C Hosseinipour, Ravindre Panchia, Leslie Cottle, Gordon Chau, Paul Richardson, Mark A Marzinke, Susan H Eshleman, Ryan Kofron, Adeola Adeyeye, David Burns, Alex R Rinehart, David Margolis, Myron S Cohen, Marybeth McCauley, Craig W Hendrix*

Our observation that detectable or quantifiable concentrations of cabotegravir may persist for years (females > males) after final product injection has implications for the risk of HIV infection, **drug–drug interactions**, and resistance after dosing cessation.

# Overview

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Antiretroviral Therapy: Where are we?

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Antiretroviral Therapy & Gender:  
PK differences?

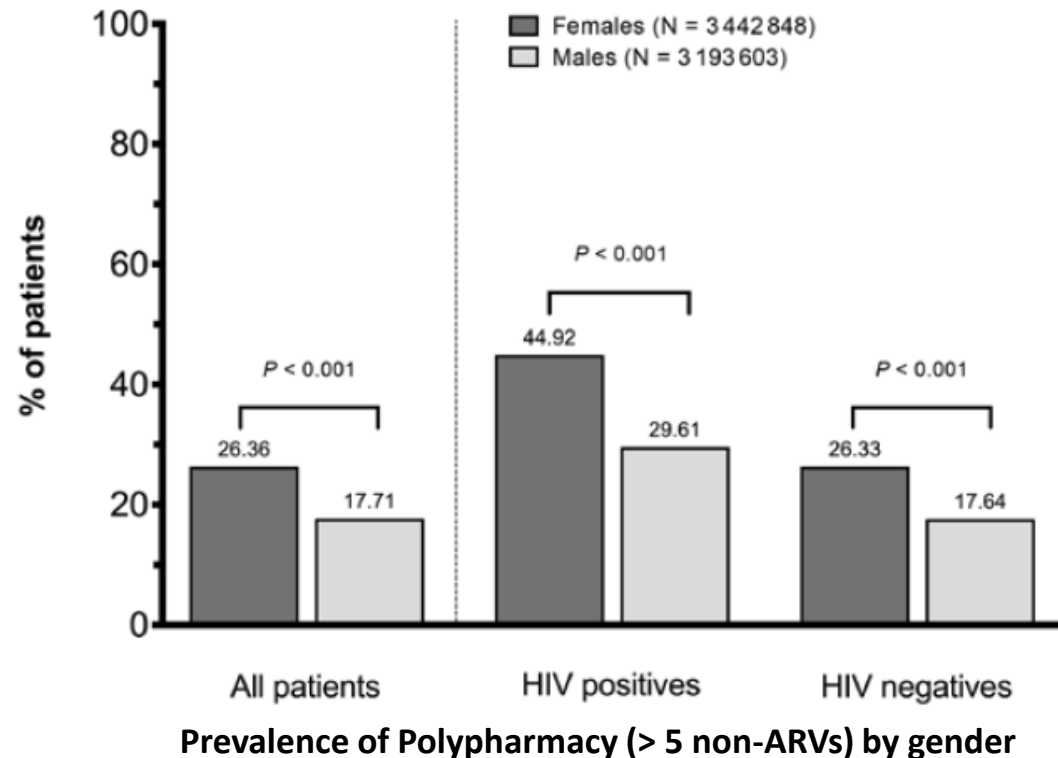
**3**

Antiretroviral Therapy & Gender:  
DDI Issues.

# Polypharmacy in Men & Women

## Polypharmacy and Drug-Drug Interactions in People Living With Human Immunodeficiency Virus in the Region of Madrid, Spain: A Population-Based Study

Beatriz López-Centeno,<sup>1</sup> Carlos Badenes-Olmedo,<sup>2</sup> Ángel Mataix-Sanjuan,<sup>1</sup> Katie McAllister,<sup>3</sup> José M. Bellón,<sup>4,5</sup> Sara Gibbons,<sup>3</sup> Pascual Balsalobre,<sup>4,5</sup> Leire Pérez-Latorre,<sup>4,5</sup> Juana Benedi,<sup>6</sup> Catia Marzolini,<sup>3,7</sup> Ainhoa Aranguren-Oyazábal,<sup>1</sup> Saye Khoo,<sup>3</sup> María J. Calvo-Alcántara,<sup>1</sup> and Juan Berenguer<sup>4,5</sup>



Polypharmacy is more common in Women

☐ *Consult HCPs more frequently and therefore detect comorbidities and receive medications*



# Polypharmacy in Men & Women

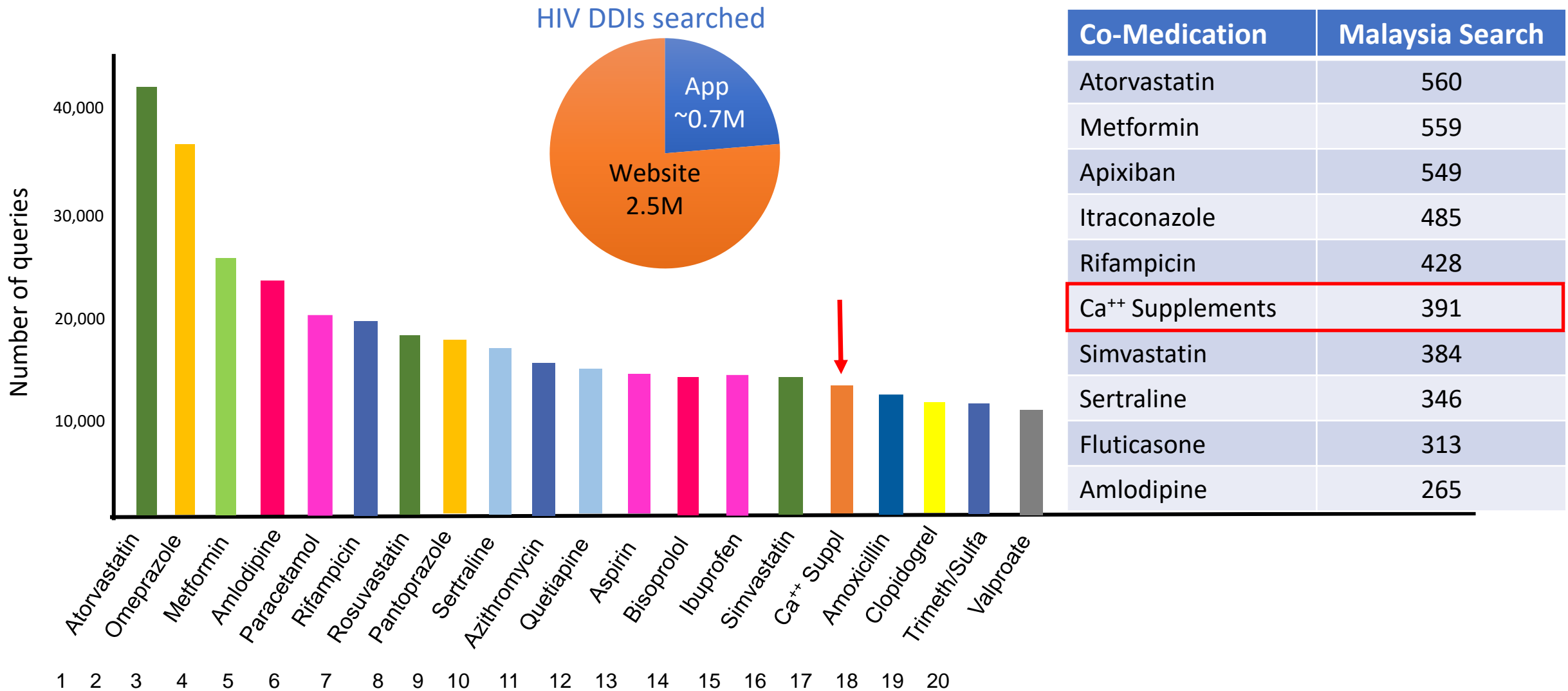
## Elderly HIV-positive women: A gender-based analysis from the Multicenter Italian “GEPP0” Cohort

Emanuele Focà<sup>1</sup>\*, Paola Magro<sup>1</sup>, Giovanni Guaraldi<sup>2</sup>, Agostino Riva<sup>3</sup>, Anna Maria Cattelan<sup>4</sup>, Giuseppe Vittorio De Socio<sup>5</sup>, Cecilia Costa<sup>6</sup>, Stefania Piconi<sup>7</sup>, Benedetto Maurizio Celesia<sup>8</sup>, Silvia Nozza<sup>9</sup>, Giancarlo Orofino<sup>10</sup>, Antonella Castagna<sup>9</sup>, Giovanni Di Perri<sup>6</sup>, Francesco Castelli<sup>1</sup>, Andrea Calcagno<sup>6</sup>, on behalf of the GEPP0 (GEriatric Patients living with HIV/AIDS: a Prospective Multidimensional cOhort) Study Group<sup>1</sup>

Polypharmacy the same  
in men and Women!

Comorbidities	Females ( n=210)	Males ( n=1027)	Total ( n=1237)	P value
CVD	14 (9.5%)	154 (22.8%)	168 (20.46%)	<0.001
CKD	34 (21.3%)	150 (20.8%)	184 (20.8%)	0.381
Hypertension	113 (65.3%)	456 (64.5%)	569 (64.6%)	0.206
T2DM	38 (24.5%)	201 (29.1%)	239 (28.3%)	0.696
Bone disease	79 (48.8%)	134 (22.9%)	213 (28.5%)	<0.001
Hyperlipidemia	134 (75.3%)	497 (70.5%)	631 (71.4%)	0.076
COPD	7 (4.8%)	57 (8.6%)	64 (7.9%)	0.191
Cancer	30 (16%)	147 (22.3%)	177 (20.92%)	0.761
Polypharmacy ( $\geq 5$ drug excluded cART)	42 (20%)	234 (22.8%)	254 (20.5%)	0.326

# Top 20 Global Co-medication Searches: Jan 2020 to Aug 2020



PPI, proton-pump inhibitor.

University of Liverpool. Top 20 Co-medications Generating the Most DDI Queries (MixPanel Analytics) Jan 2020 – Aug 15<sup>th</sup> 2020. Available at: [www.hiv-druginteractions.org](http://www.hiv-druginteractions.org).

# Co-Medications Frequently Used in Women

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- Oral or Injectable Contraceptives
- HRT
- Supplements
- Herbal Remedies
- Anti-depressants
- Bisphosphonates
- Tamoxifen

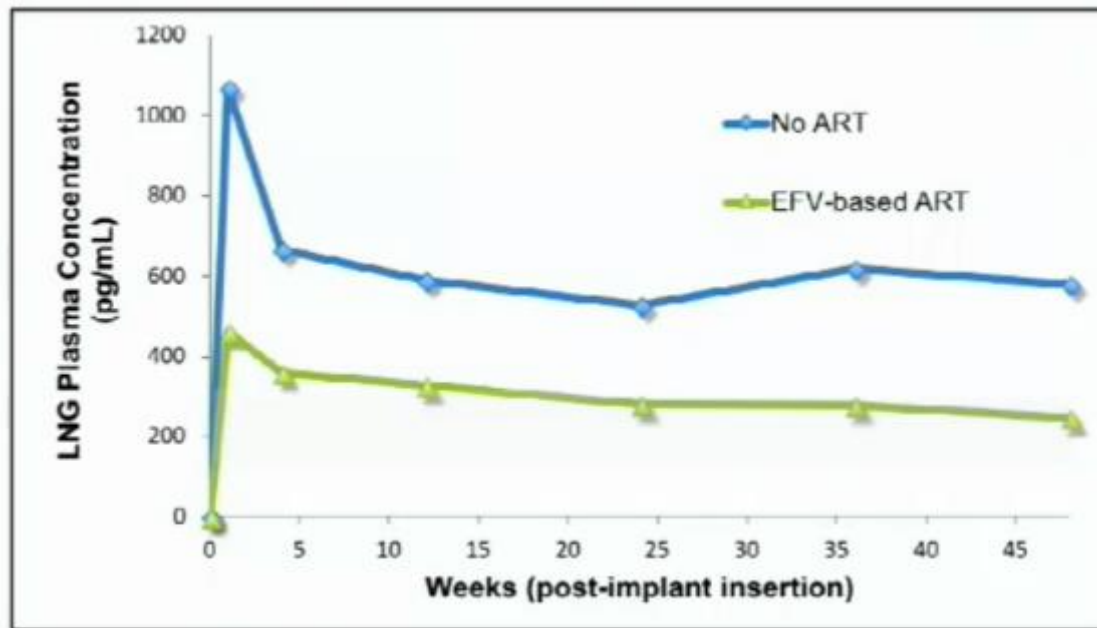
# There are Important DDIs with Long Acting Contraceptives.

Unintended Pregnancies Observed With Combined Use of the Levonorgestrel Contraceptive Implant and Efavirenz-based Antiretroviral Therapy: A Three-Arm Pharmacokinetic Evaluation Over 48 Weeks<sup>1</sup>

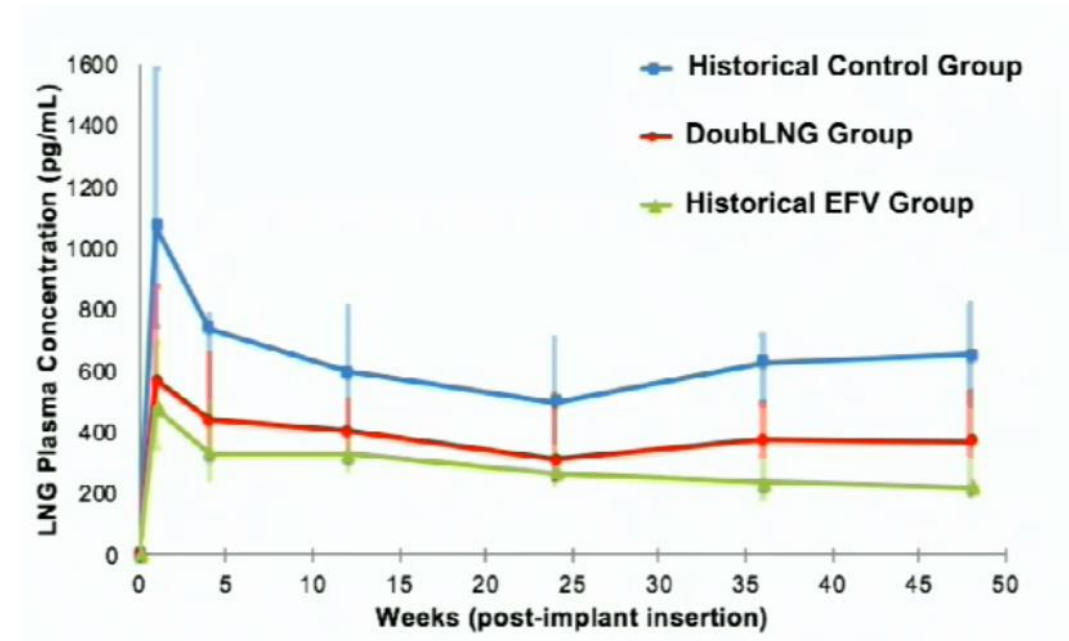
Kimberly K. Scarsi,<sup>1</sup> Kristin M. Darin,<sup>2,3</sup> Shadia Nakalema,<sup>4</sup> David J. Back,<sup>5</sup> Pauline Byakika-Kibwika,<sup>4</sup> Laura J. Else,<sup>5</sup> Sujan Dilly Penchala,<sup>5</sup> Allan Buzibye,<sup>4</sup> Susan E. Cohn,<sup>3</sup> Concepta Merry,<sup>2,4,6</sup> and Mohammed Lamorde<sup>4</sup>

**Double dose levonorgestrel implant does not fully overcome interaction with efavirenz.**

Scarsi KK, *et al.* **CROI 2019 O51**



3/20 women had unintended pregnancy in EFV Group



# ART Drug Interactions with HRT

www.hiv-druginteractions.org

## HRT Treatment Selector

Charts reviewed October 2019. Full information available at [www.hiv-druginteractions.org](http://www.hiv-druginteractions.org)

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	ATV/c	ATV/r	DRV/c	DRV/r	LPV/r	DOR	EFV	ETV	NVP	RPV	MVC	BIC/ F/TAF	DTG	EVG/c/ F/TAF	EVG/c/ F/TDF	RAL	ABC	FTC or 3TC	F/TAF	TDF	ZDV
<b>Estrogens</b>																					
Estradiol	↑ <sup>a</sup>	↓ <sup>b</sup>	↑ <sup>a</sup>	↓ <sup>b</sup>	↓ <sup>b</sup>	↔	↓ <sup>b</sup>	↓ <sup>b</sup>	↓ <sup>b</sup>	↔	↔	↔	↔	↔	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↔	↔	↔	↔
<b>Progestins (HRT)</b>																					
Drospirenone	↑ <sup>a,c</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↓ <sup>b</sup>	↓ <sup>b</sup>	↓ <sup>b</sup>	↔	↔	↔	↔	↔	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↔	↔	↔	↔
Dydrogesterone	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↓ <sup>b</sup>	↓ <sup>b</sup>	↓ <sup>b</sup>	↔	↔	↔	↔	↔	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↔	↔	↔	↔
Levonorgestrel	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↓ <sup>b</sup>	↓ <sup>b</sup>	↓ <sup>b</sup>	↔	↔	↔	↔	↔	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↔	↔	↔	↔
Medroxy- progesterone (oral)	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↓ <sup>b</sup>	↓ <sup>b</sup>	↓ <sup>b</sup>	↔	↔	↔	↔	↔	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↔	↔	↔	↔
Norethisterone (Norethindrone)	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↓ <sup>b</sup>	↓ <sup>b</sup>	↓ <sup>b</sup>	↔	↔	↔	↔	↔	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↔	↔	↔	↔
Norgestrel	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↓ <sup>b</sup>	↓ <sup>b</sup>	↓ <sup>b</sup>	↔	↔	↔	↔	↔	↑ <sup>a</sup>	↑ <sup>a</sup>	↔	↔	↔	↔	↔

### Colour Legend

	No clinically significant interaction expected.
	These drugs should not be coadministered.
	Potential interaction which may require a dose adjustment or close monitoring.
	Potential interaction predicted to be of weak intensity. No <i>a priori</i> dosage adjustment is recommended.

### Text Legend

↑	Potential increased exposure of the hormone
↓	Potential decreased exposure of the hormone
↔	No significant effect

# Drug Interaction Concerns in Transgender Women



The image is a screenshot of the National Institutes of Health (NIH) website. At the top left is the NIH logo with the text "National Institutes of Health" and the tagline "Turning Discovery Into Health". To the right is a search box with the text "Sea". Below the logo is a navigation bar with four tabs: "Health Information", "Grants & Funding", "News & Events", and "Research & Training". Underneath the navigation bar is a breadcrumb trail: "Home » News & Events » News Releases". A large blue banner with the text "NEWS RELEASES" is positioned below the breadcrumb. The main content area shows the date "Monday, July 24, 2017" followed by the headline "Drug interaction concerns may negatively affect HIV treatment adherence among transgender women". Below the headline is a sub-headline: "Participants in NIH-supported study apprehensive about combining HIV medications and hormones."

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NEWS RELEASES

Monday, July 24, 2017

Drug interaction concerns may negatively affect HIV treatment adherence among transgender women

*Participants in NIH-supported study apprehensive about combining HIV medications and hormones.*

## Drug Interactions with Gender-Affirming Hormone Therapy: Focus on Antiretrovirals and Direct Acting Antivirals

Lauren R. Cirrincione , Tessa Senneker , Kimberly K. Scarsi & Alice Tseng

# ART DDIs with Hormone Therapy for Gender Affirming

## HIV Drug - PERPETRATOR

### Estrogen and anti-androgen preparations for use in male to female gender reassignment therapy



		HIV drugs with no predicted effect	HIV drugs predicted to inhibit metabolism	HIV drugs predicted to induce metabolism
<b>Estrogens</b>		DOR, RPV, MVC, BIC, DTG, RAL ABC, ddi, FTC, 3TC, d4T, TAF, TDF, ZDV	ATV alone, ATV/cobi, DRV/cobi, EVG/cobi	ATV/r, DRV/r, FPV/r, IDV/r, LPV/r, SQV/r, TPV/r, EFV, ETV, NVP
Estradiol oral	Starting dose	2 mg/day	1 mg/day	Increase estradiol dosage as needed based on clinical effects and monitored hormone levels.
	Average dose	4 mg/day	2 mg/day	
	Maximum dose	8 mg/day	4 mg/day	
Estradiol gel (preferred for >40 y and/or smokers)	Starting dose	0.75 mg twice daily	0.5 mg twice daily	Increase estradiol dosage as needed based on clinical effects and monitored hormone levels.
	Average dose	0.75 mg three times daily	0.5 mg three times daily	
	Maximum dose	1.5 mg three times daily	1 mg three times daily	
Estradiol patch (preferred for >40 y and/or smokers)	Starting dose	25 µg/day	25 µg/day*	Increase estradiol dosage as needed based on clinical effects and monitored hormone levels.
	Average dose	50-100 µg/day	37.5-75 µg/day	
	Maximum dose	150 µg/day	100 µg/day	
Conjugated estrogen†	Starting dose	1.25-2.5 mg/day	0.625-1.25 mg/day	Increase estradiol dosage as needed based on clinical effects and monitored hormone levels.
	Average dose	5 mg/day	2.5 mg/day	
	Maximum dose	10 mg/day	5 mg/day	
Ethinylestradiol	Starting dose	No interaction expected, but not recommended due to thrombotic risks	Not recommended	Not recommended
	Average dose			
	Maximum dose			

		DOR, RPV, MVC, BIC, DTG, RAL ABC, ddi, FTC, 3TC, d4T, TAF, TDF, ZDV	ATV alone, ATV/cobi, ATV/r, DRV/cobi, DRV/r, EVG/cobi, FPV/r, IDV/r, LPV/r, SQV/r, TPV/r	EFV, ETV, NVP
<b>Androgen Blockers</b>				
Spironolactone	Starting dose	50 mg/day	No interaction expected. No dose adjustment required.	No interaction expected. No dose adjustment required.
	Average dose	150 mg/day		
	Maximum dose	400 mg/day		
Finasteride	Starting dose	2.5 mg/day	Finasteride has a large safety margin. No dose adjustment required.	Increase finasteride dosage as needed based on clinical effects and monitored hormone levels.
	Average dose	2.5 mg/day		
	Maximum dose	5 mg/day		
Cyproterone acetate	Starting dose	50 mg/day	25 mg/day	Increase cyproterone dosage as needed based on clinical effects and monitored hormone levels.
	Average dose	150 mg/day	75 mg/day	
	Maximum dose	150 mg/day	75 mg/day	


# ART DDIs with Hormone Therapy for Gender Affirming

## HIV Drug - VICTIM

Decreased Tenofovir Diphosphate Concentrations in a Transgender Female Cohort: Implications for Human Immunodeficiency Virus Preexposure Prophylaxis

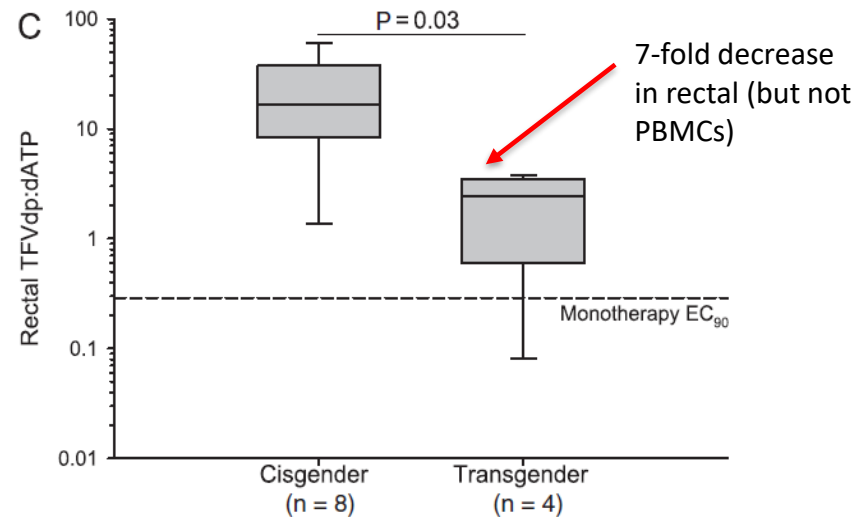
Mackenzie L. Cottrell,<sup>1,5</sup> Heather M. A. Prince,<sup>2</sup> Amanda P. Schauer,<sup>1</sup> Craig Sykes,<sup>1</sup> Kaitlyn Maffuid,<sup>1</sup> Amanda Polisenio,<sup>1</sup> Tae-Wook Chun,<sup>3</sup> Erin Huiting,<sup>3</sup> Frank Z. Stanczyk,<sup>4</sup> Anne F. Peery,<sup>5</sup> Evan S. Dellon,<sup>5</sup> Jessica L. Adams,<sup>6,7</sup> Cindy Gay,<sup>2</sup> and Angela D. M. Kashuba<sup>1,2</sup>

Transgender women on oral HIV pre-exposure prophylaxis have significantly lower tenofovir and emtricitabine concentrations when also taking oestrogen when compared to cisgender men

Eugenie Shieh<sup>1</sup>, Mark A Marzinke<sup>1,2</sup>, Edward J Fuchs<sup>1</sup>, Allyson Hamlin<sup>1</sup>, Rahul Bakshi<sup>1</sup>, Wutyi Aung<sup>1</sup>, Jennifer Breakey<sup>1</sup>, Tonia Poteat<sup>3</sup>, Todd Brown<sup>4</sup>, Namandjé N Bumpus<sup>1</sup> and Craig W Hendrix<sup>1,5</sup> 

Drug-drug interactions between feminizing hormone therapy and pre-exposure prophylaxis among transgender women: the iFACT study

Akarin Hiransuthikul<sup>15</sup> , Rena Janamnuysook<sup>1</sup>, Kanittha Himmad<sup>1</sup>, Stephen J Kerr<sup>2,3</sup>, Narukjaporn Thammajaruk<sup>1</sup>, Tippawan Pankam<sup>1</sup>, Kannapat Phanjaroen<sup>1</sup>, Stephen Mills<sup>4</sup> , Ravipa Vannakit<sup>5</sup>, Praphan Phanuphak<sup>1</sup> , Nittaya Phanuphak<sup>1</sup> and on behalf of the iFACT Study Team



These 3 cohort studies provide evidence that Feminizing Hormone Therapy may alter PrEP (TDF/FTC) pharmacology pointing to reduced efficacy or stricter adherence requirements.



# Key Messages

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- ❑ There is evidence of PK differences between Men and Women for orally administered ARVs ie higher drug exposure in women (~20%) *but* body weight is likely a key driver (along with reduced first pass metabolism).

*Difficult to pin point any clinical relevance of gender per se on oral PK.*

- ❑ There is evidence of PK differences between Men and Women for LA CAB and RPV ie higher drug exposure in women after multiple dose and longer tail.

*Potential relevance for managing the PK tail after last injection*

# Key Messages

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- ❑ There is evidence that polypharmacy is more common in women.  
*There are 'problematic' co-medications that need monitoring with some ARVs.*
- ❑ Note the important area of drug interactions with gender-affirming therapies.  
*Potential for reduced efficacy of PREP.*

Ethnicity: Sorry - that needs to be another discussion!

# Grateful Thanks

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