Prevention of Mother To Child HIV Transmission - Global Gaps and Potential Solutions

Benjamin Chi, MD, MSc University of North Carolina, United States







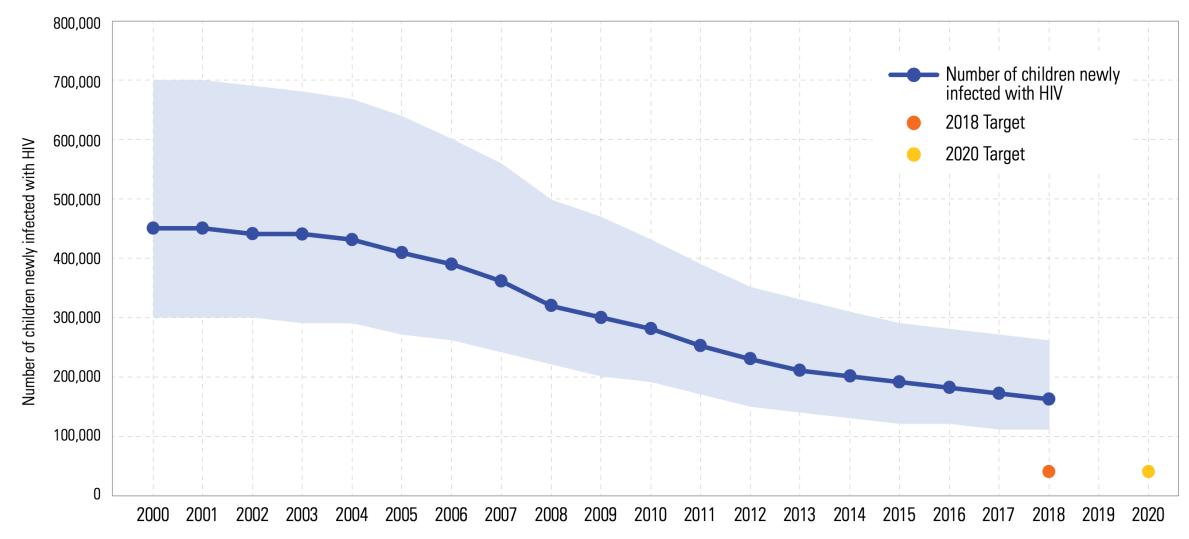
Prevention of mother-to-child HIV transmission: Global gaps and potential solutions

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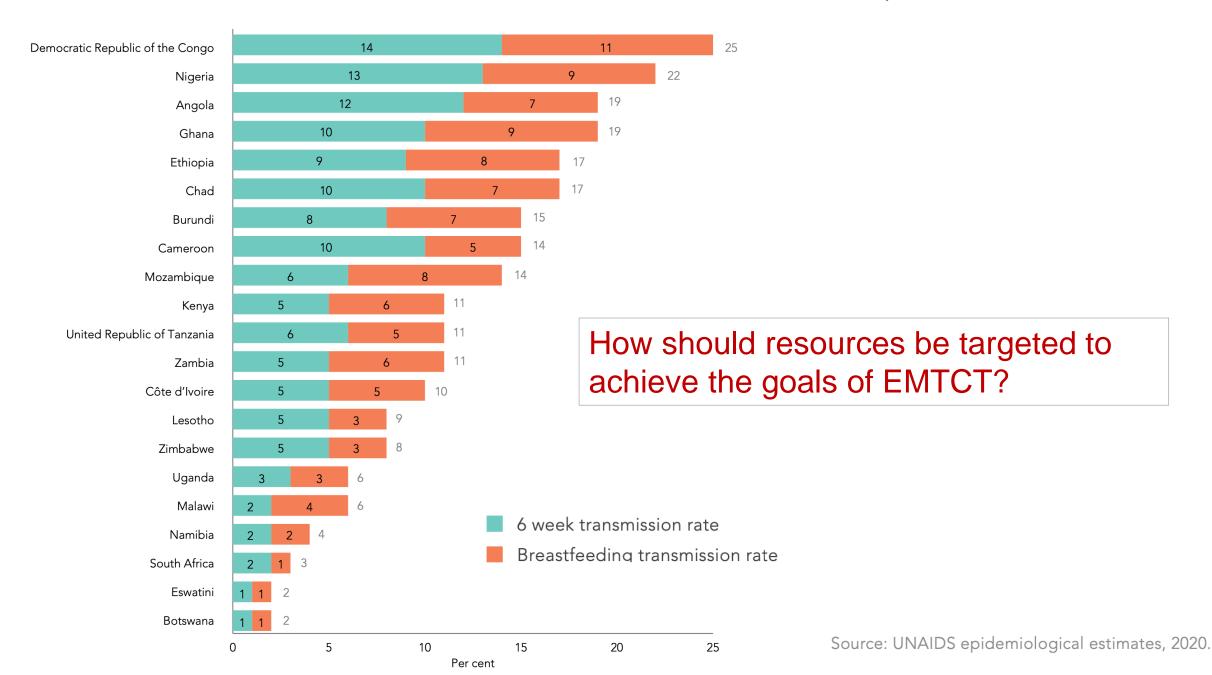


Children aged 0–14 years newly infected with HIV in 23 focus countries, 2000–2018, and 2018 and 2020 targets



Source: UNAIDS 2019 estimates.

Six-week vertical transmission rate and final transmission rate in the focus countries, 2019



Road map to the Last Mile to EMTCT



STEPS	ACTIVITIES
Developing a consultative process	 Identify a country team to drive assessment and planning processes
Taking stock of progress and remaining gaps in PMTCT	 Conduct a missed opportunity analysis Characterize and contextualize programmatic gaps using data from other sources
Planning and prioritizing	 Articulate the priority factors necessary for programmatic change Prioritize interventions according to gaps and contextual factors Seek broader stakeholder engagement and finalize strategies, guidelines and/or policies
Implementing, monitoring and evaluating for PMTCT	 Disseminate planned strategies, guidelines and/or policies Monitor and evaluate implemented interventions

Identifying missed opportunities: Spectrum stacked bar analysis





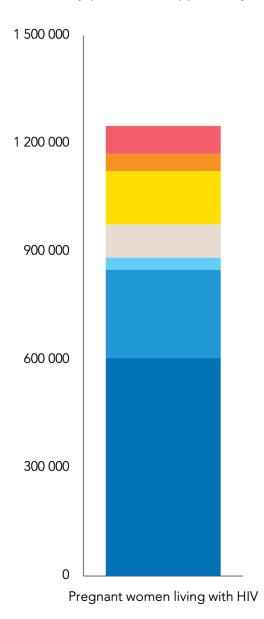
missed opportunity

Determined from new pediatric HIV cases

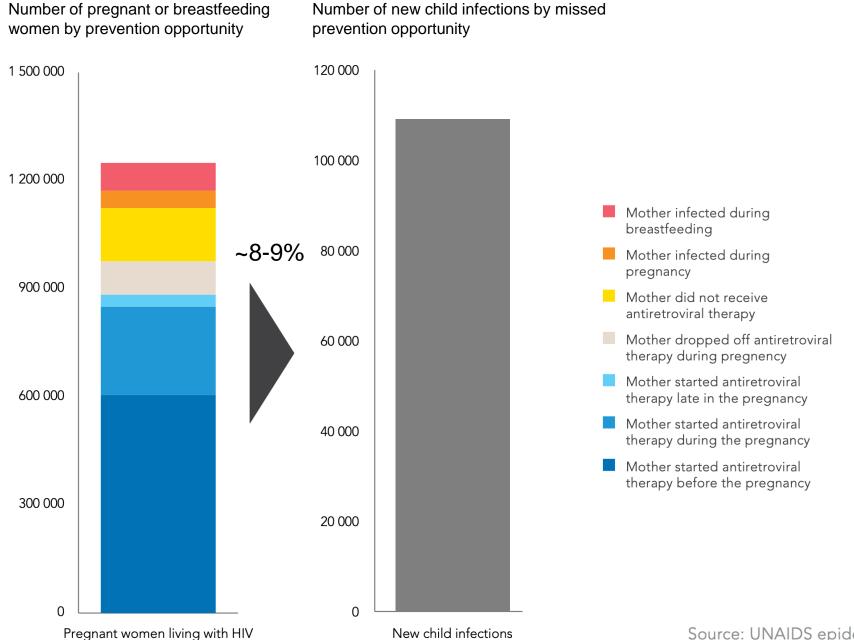
What services were received?

(Stacked bar analysis)

Number of pregnant or breastfeeding women by prevention opportunity

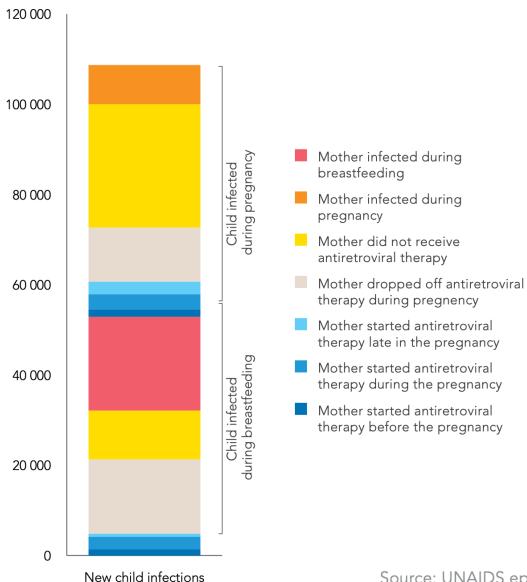


- Mother infected during breastfeeding
- Mother infected during pregnancy
- Mother did not receive antiretroviral therapy
- Mother dropped off antiretroviral therapy during pregnency
- Mother started antiretroviral therapy late in the pregnancy
- Mother started antiretroviral therapy during the pregnancy
- Mother started antiretroviral therapy before the pregnancy



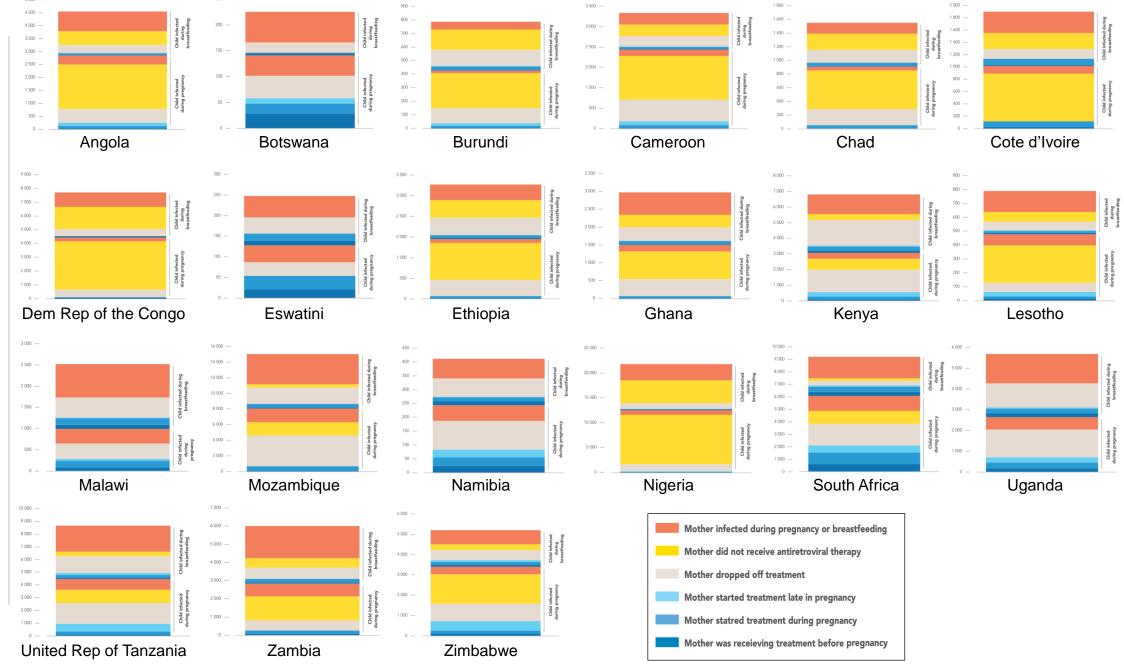
Source: UNAIDS epidemiological estimates, 2020.

Number of new child infections by missed prevention opportunity

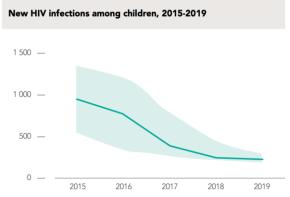


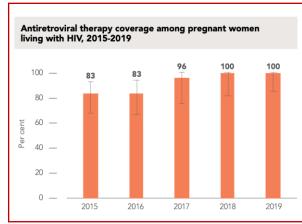


5 000



Country profile: Botswana





Six week and final (after breastfeeding) vertical HIV transmission rate, 2015 and 2019



Six week transmission

2015 4% [2–5%] 2019 1% [1–1%]

Final transmission
2015
7% [5–9%]
2019

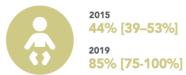
2% [2-2%]

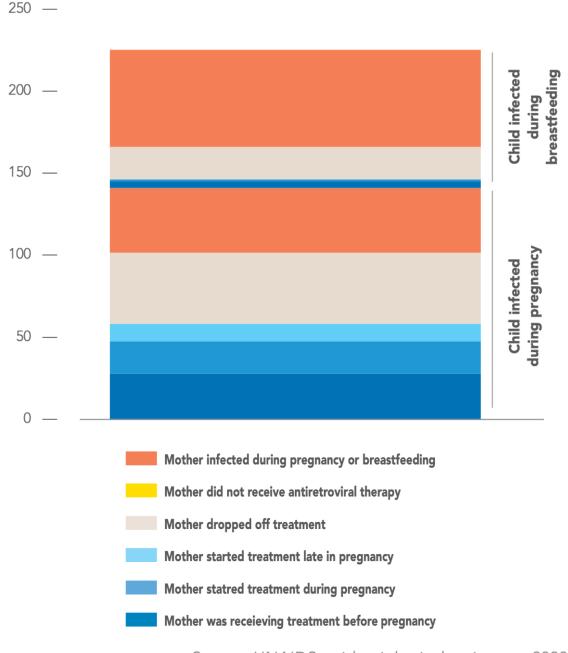
Percent of pregnant women who had at least one antenatal visit, most recent survey



Not available

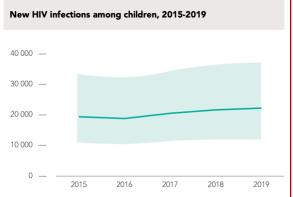
Percent of HIV-exposed infants who received a virological test for HIV within 2 months of birth, 2015 and 2019

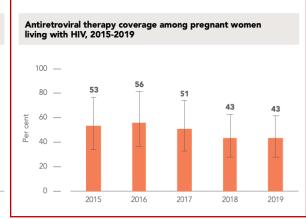




Source: UNAIDS epidemiological estimates, 2020.

Country profile: Nigeria





Six week and final (after breastfeeding) vertical HIV transmission rate, 2015 and 2019



Six week transmission

2015 11% [8–13%]

13% [10–16%]

60

Final transmission

²⁰¹⁵
20% [16–24%]

2019

22% [18-27%]

Percent of pregnant women who had at least one antenatal visit, most recent survey



2018 **76%**

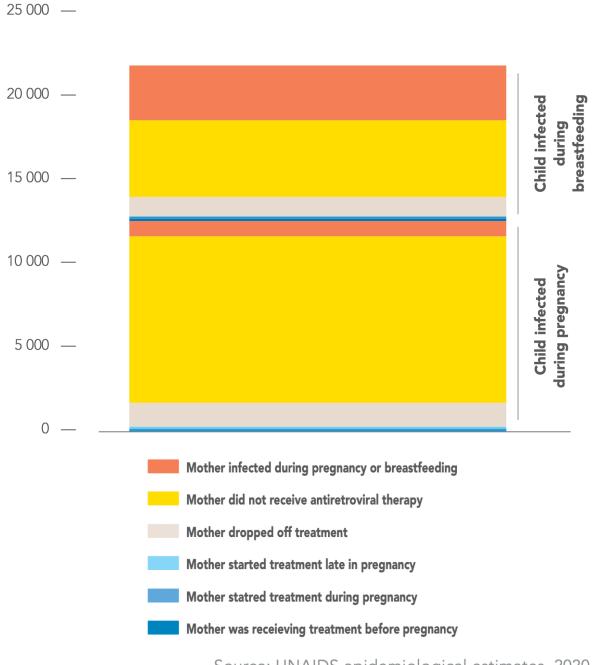
Percent of HIV-exposed infants who received a virological test for HIV within 2 months of birth, 2015 and 2019



16% [11–25%]

2019 2**7**0/ [4.6

27% [18-41%]



Source: UNAIDS epidemiological estimates, 2020.

Determining programmatic gaps: The PMTCT cascade





missed opportunity Vs. programmatic gap

Determined from new pediatric HIV cases

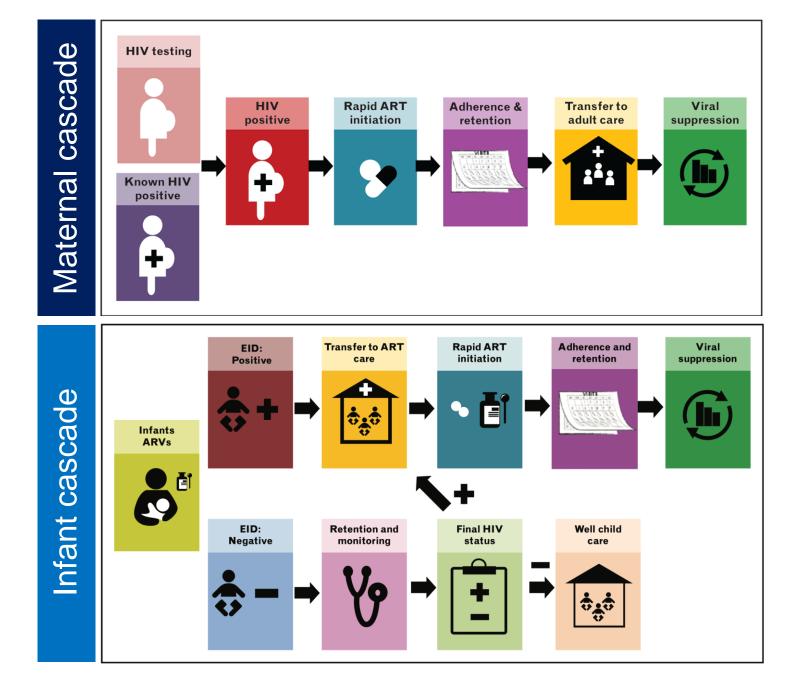
What services were received?

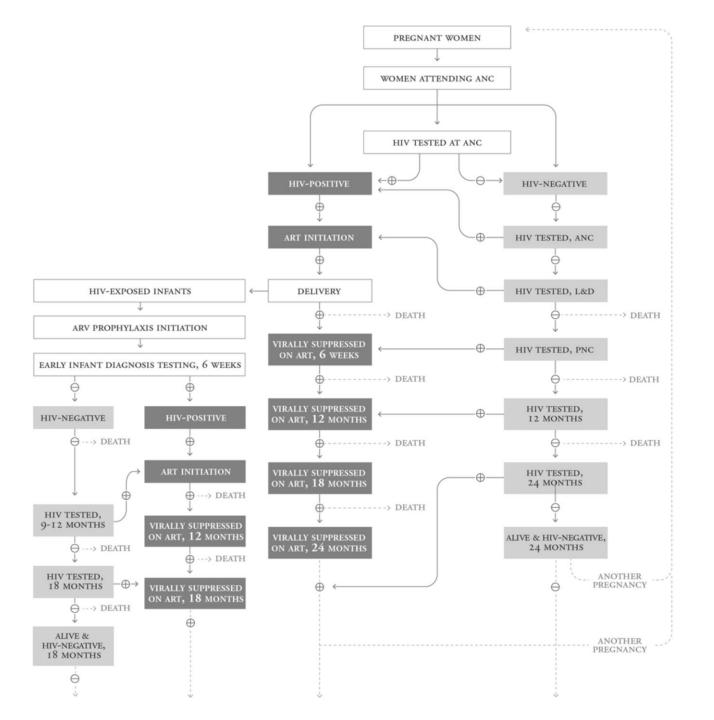
(Stacked bar analysis)

Focused on health service provision

Why weren't services delivered?

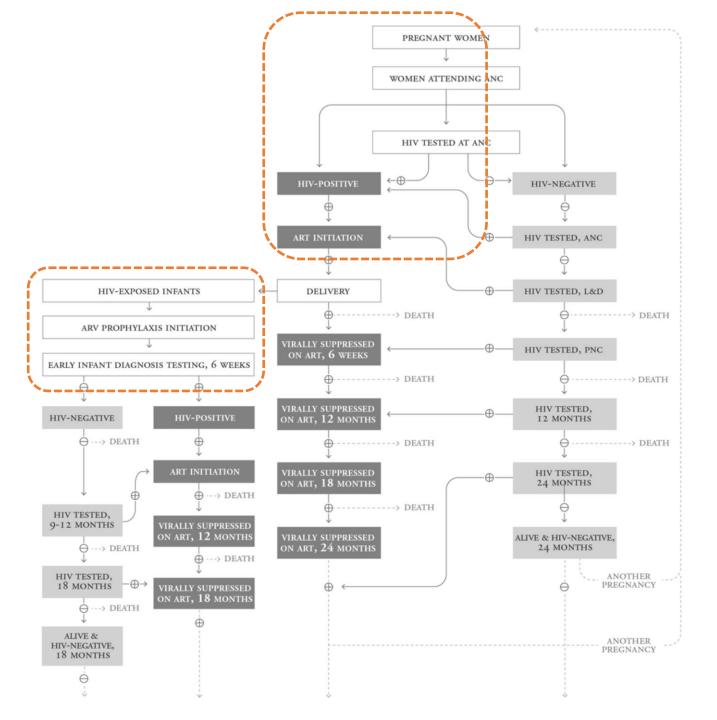
(PMTCT cascade)





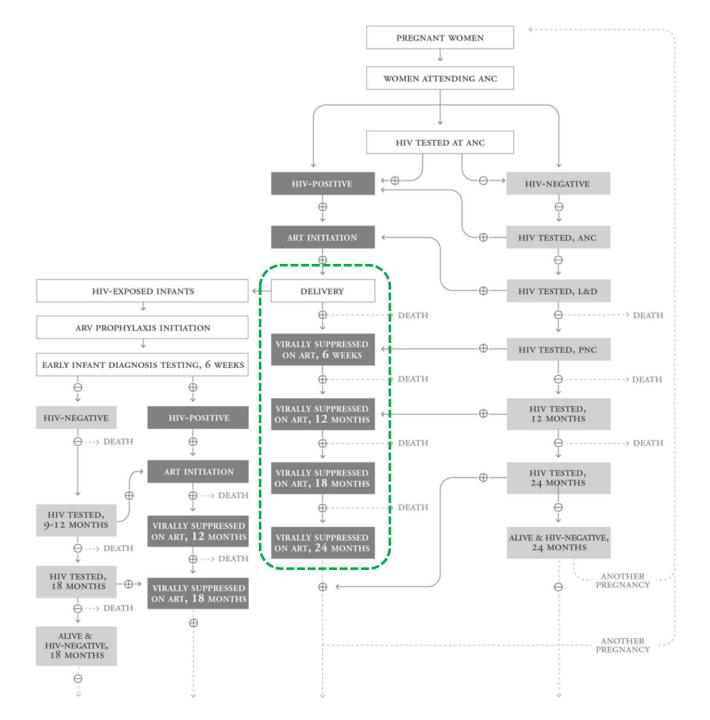
PREGNANT WOME WOMEN ATTENDING ANC HIV TESTED AT AND HIV-POSITIVE HIV-NEGATIVE HIV TESTED, ANC ART INITIATION HIV-EXPOSED INFANTS DELIVERY HIV TESTED, L&D DEATH O .---- DEATH ARV PROPHYLAXIS INITIATION VIRALLY SUPPRESSED HIV TESTED, PNC ON ART, 6 WEEKS EARLY INFANT DIAGNOSIS TESTING, 6 WEEKS ⊕-----> DEATH ----- DEATH HIV TESTED, HIV-NEGATIVE HIV-POSITIVE ON ART, 12 MONTHS 12 MONTHS O ---> DEATH ⊕-----> DEATH O ····· DEATH ART INITIATION VIRALLY SUPPRESSED HIV TESTED, ON ART, 18 MONTHS 24 MONTHS DEATH DEATH HIV TESTED, 9-12 MONTHS VIRALLY SUPPRESSED ON ART, 12 MONTHS ALIVE & HIV-NEGATIVE, VIRALLY SUPPRESSED 24 MONTHS O ---> DEATH ON ART, 24 MONTHS DEATH ANOTHER PREGNANCY HIV TESTED, 18 MONTHS ON ART, 18 MONTHS O ---> DEATH ALIVE & HIV-NEGATIVE, 18 MONTHS

Mother did not receive antiretroviral therapy



Mother did not receive antiretroviral therapy

Mother started treatment late in pregnancy



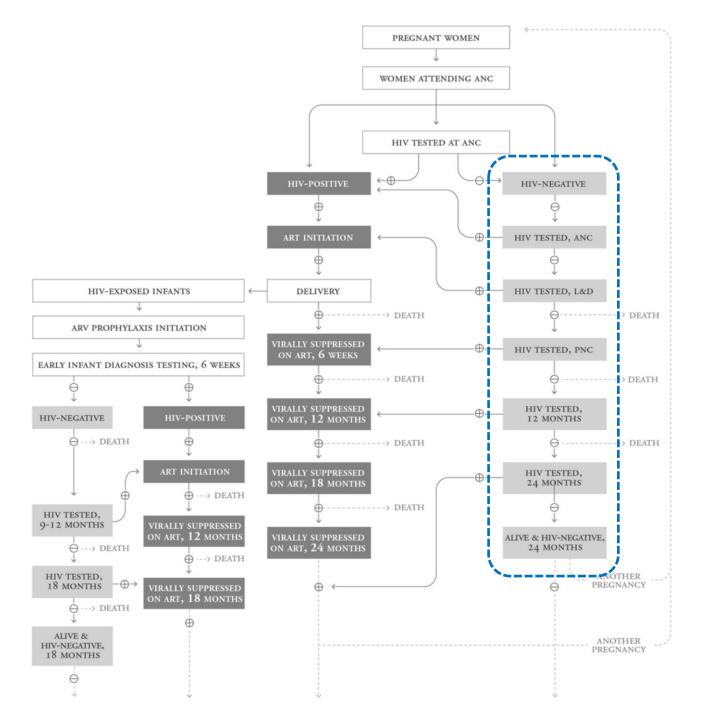
Mother did not receive antiretroviral therapy

Mother started treatment late in pregnancy

Mother dropped off treatment

Mother started treatment during pregnancy

Mother was receiving treatment before pregnancy



Mother did not receive antiretroviral therapy

Mother started treatment late in pregnancy

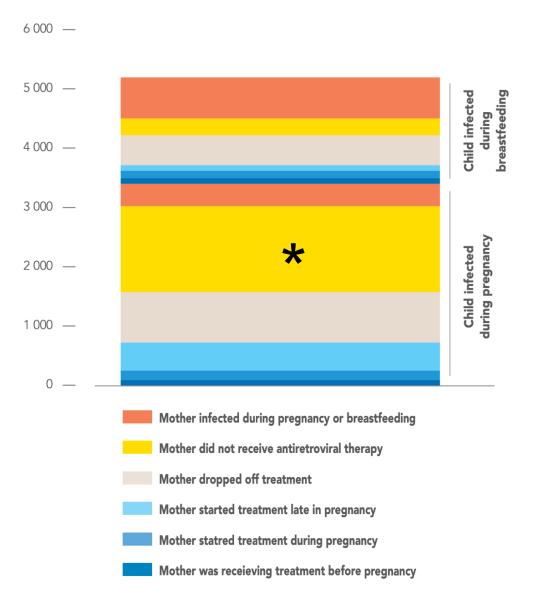
Mother dropped off treatment

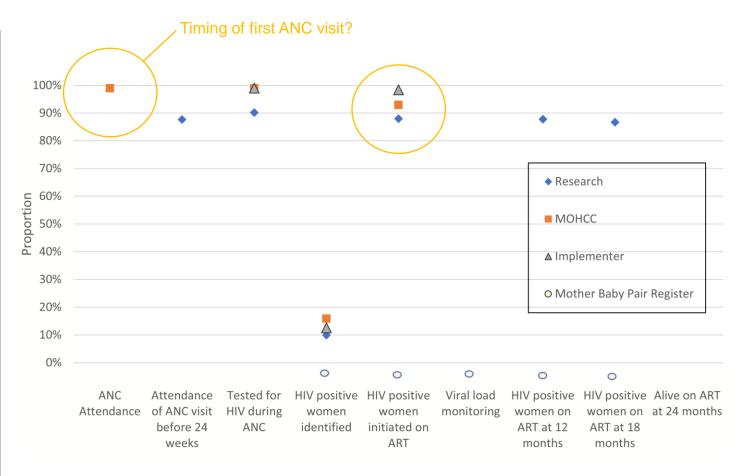
Mother started treatment during pregnancy

Mother was receiving treatment before pregnancy

Mother infected during pregnancy and breastfeeding

Mapping missed opportunities to PMTCT cascades: Zimbabwe

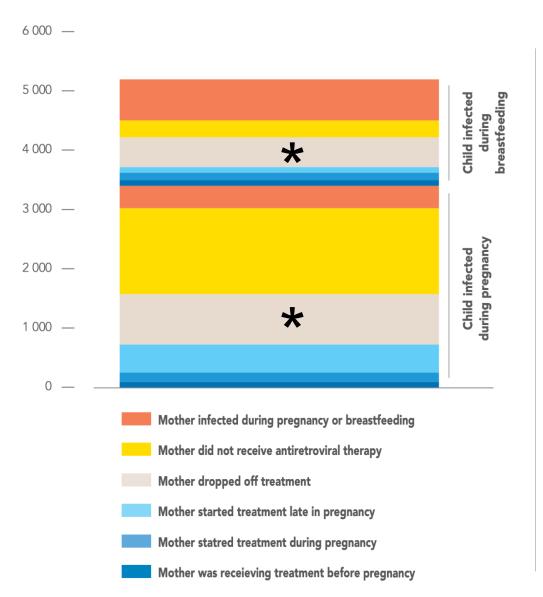


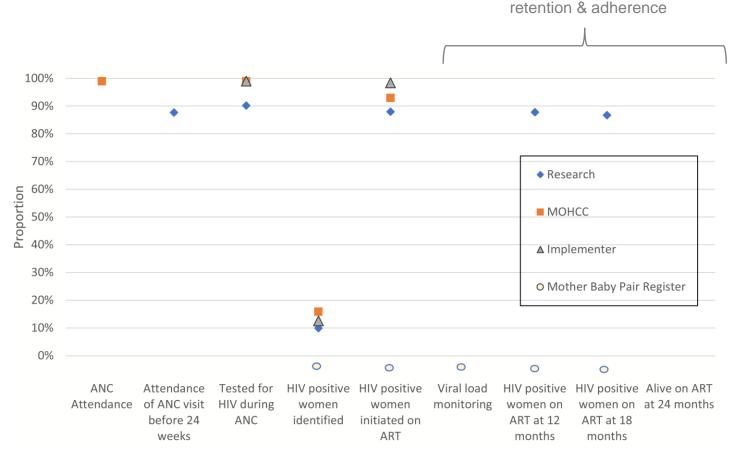


NB: O Below 0 value on axis represents data that are variably collected at site level but are not centrally aggregated so are not available for reporting here and therefore not used to guide program implementation

Sibanda, JIAS, 2020

Mapping missed opportunities to PMTCT cascades: Zimbabwe





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Limited data available about

Sibanda, JIAS, 2020

Prioritizing PMTCT strategies and interventions: Addressing the gaps





MISSED OPPORTUNITIES FOR EMTCT

Mothers infected during pregnancy or breastfeeding (A)









Mothers dropped off ART during pregnancy or breastfeeding



Mothers started ART late in pregnancy (B)





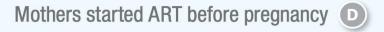












INTERVENTION DOMAINS

- A HIV prevention services for women
- Timely access to HIV testing
- C Timely ART initiation
- Programme retention and adherence support
- E Timely engagement in antenatal care
- Services for infants at highest risk of HIV acquisition

A HIV prevention services for women

Partner HIV testing strategies
Index testing / partner notification PG
Home-based HIV testing AE
HIV self-testing PG
Campaign-based HIV testing AE
Education, counseling, and support AE
ART initiation and adherence support for male partners P
PrEP during pregnancy and breastfeeding PG

B Timely access to HIV testing

Provider-initiated HIV testing PG
Repeat HIV testing during pregnancy and breastfeeding PG

C Timely ART initiation

Integrated ART-MCH services PG Same-day ART initiation PG Community-based ART initiation AE

Programme retention and adherence support

Peer support (e.g., mentor mothers) AE

Community health worker support AE

Facility- or community-based support groups AE

Text (SMS) reminders AE

Viral load monitoring in third trimester and breastfeeding P

E Timely engagement in antenatal care

Access to urine pregnancy tests in early gestation Community health worker engagement Financial or non-financial incentives Financial or non-financial incentives Financial care Financial

Services for infants at highest risk of HIV acquisition

Birth HIV testing **AE**Extended infant HIV prophylaxis **PG**

Potential prioritization factors

Strength of evidence / magnitude of impact

Cost & cost-effectiveness

Scalability & sustainability

Equity and human rights

Intervention characteristics:

- Setting (e.g., clinic vs. community)
- Health infrastructure, including human resources
- Technology requirements

Implement interventions and program strategies, with ongoing

Implement

quality improvement.

Take stock

Identify the main program gaps. Gain insight into the local HIV epidemic, policy landscape, and programmatic context.

Prioritize and plan

Prioritize and plan for key interventions based on local needs.

Summary & key take-aways

- Missed opportunities for PMTCT vary by setting
- Data-driven processes can help to optimize EMTCT investments
- Structured approaches are needed to prioritize programmatic gaps and their potential solutions
- Program improvement is cyclic and requires ongoing monitoring and evaluation
- Tailored responses are needed to reach the ambitious targets of EMTCT





